

Coastal Power Women!

Professional Organization of Women Encouraging Referrals

American Business Women's Association (ABWA)
Coastal Power
Express Networking
Myrtle Beach, South Carolina
www.coastalpowerwomen.com

Message from the President!

Dear Coastal POWER Women,

Can you believe it... December is already here! If you're like me, you are trying to figure out what to get the people on your "nice" list for Christmas. I am always in awe at how the retailers stretch the holiday season earlier and earlier. This year, I found my first Christmas decorations on September 18th! Being the curious person that I am, I started to ask why retailers feature holiday selections so early. I thought I would share my findings with all of you. I found this "fun holiday fact" at www.kencollins.com:

During World War II it was necessary for Americans to mail Christmas gifts early for the troops in Europe to receive them in time. Merchants joined in the effort to remind the public to shop and mail early and the protracted shopping season was born. Since those days, retail merchants have been hard at work to escalate our retail observances this time of year. Accordingly, we shop longer and buy more than ever before. Retailers have taken the gift motif from Saint Nicholas' Day and Epiphany and have used the combination to supplant the meaning of Christmas. They have instituted a secular sacrament of shopping, which pays no attention at all to the arrival of the Giver who gave His all. They call it a season for giving, and with that laudable slogan have lured us into a time of great expectations, huge let-downs, and lascivious acquisitiveness. They could not have done this without our full cooperation—for instead of celebrating the arrival of our salvation, we jump with glee and clap our hands at the arrival of the UPS truck!

We too will be celebrating the holiday season with our upcoming "ABWA Holiday Bazaar" on December 7th from 11:00 to 2:00 at Magnolia's. It will be the perfect time to shop for your special someone and support your fellow ABWA sister. I hope you will all invite your friends to join us for our day of networking, shopping, and celebrating the season!

Honored to serve as your President,

Angela Kegler McDowell

November 30, 2007

Volume 1, Issue 11

Inside this issue:

Send Out Cards! 2

Pine Cone Bird Feeder! 2

Web Design Special 2

Packing Tips! 3

Mission Trip! 3

Reliv Event! 4

Recipes! 4

Holiday Bazaar!

Friday
December 7, 2007

11-2

Magnolia's Restaurant
2605 N. Ocean Blvd.

Myrtle Beach, SC 29577

Meet in the
conference room. Buffet
lunch \$10 per person.

SendOutCards!

SendOutCards has over 400 Holiday cards to choose from!
You can send your cards from the comfort of your home in your pajamas!

Sue White

843-246-0136

www.RichAndSueWhite.com



Pine Cone Bird Feeder!

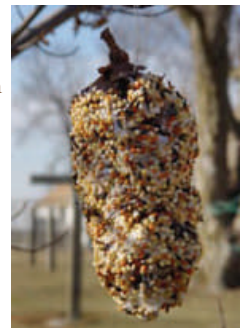
You will need:

Pinecone, string, shortening, corn meal, bird seed

Tie the string around the top stem of the pine cone. Mix 1/2 cup of shortening, and 1/2 cup of corn meal together. Spread the mixture on the pine cone to cover it well. Place bird seed on a paper plate and roll the coated pine cone in the seeds until covered. Hang the feeder from your favorite spot to watch birds enjoy it!

Picture obtained from Enviro Explorers web site.

Submitted by Tammy Watier



Watier Design

Web Design, Hosting, Maintenance

Basic Fall Package \$200

1 Page Basic Web Site—Free Domain Name Registration for 1 year
1 Year of web site hosting—2 email accounts

Basic Fall Plus Package \$400

3 Page Basic Web Site—Free Domain Name Registration for 1 year
1 Year of web site hosting—2 email accounts

Contact Tammy at 843.399.0664

Traveling for the Holidays? - Packing Tips!

1. Before packing anything in a typical roll on luggage bag, lift out the tie-down straps and drape them over the side.
2. Put your socks and stockings inside your shoes to save space and give your shoes support. Place heavier items closest to the wheels.
3. Pack your pants in an overlapping manner (with the first pair, place the waist at the top of the bag and leave the bottoms hanging over the bottom side, with the next pair, start with the waist at the base of the bag and leave the bottoms hanging over the top side and so on.
4. Either roll or neatly fold your shirts and blouses and lay them on top of your pants. Now fold the pant bottom back into the case over the top of the shirts. This helps eliminate creasing in the legs.
5. Secure the tie-down straps neatly over all of your garments to hold everything in place and zip your trolley shut.
6. The outside pockets are handy for travel documents, business files, magazines and a sweater or light jacket.

Enjoy your trip and say a little prayer for no delays!

Submitted by Kate Jensen-CruiseOne



Mission Trip To Nepal!

A note from our President!

"I am going on a mission trip to Nepal from December 12-22, 2007. I will be distributing Christmas gifts to the children in villages on Mt Everest!"

The mission trip group is still raising funds to purchase items for the children and if anyone wants to help, I am featuring my Satin Hands Pampering Set for \$25.00 (that's \$5.00 off the regular price). The sets make fantastic gifts and, because I have had so many generous Mary Kay partners donate Satin Hands Sets to me, I am able to contribute 100% of the proceeds directly to the trip!!! Christmas is coming up and EVERYONE loves Satin Hands!!!

Anyone interested in purchasing a set and helping me with my mission trip can call me at 843-283-0887, email me at angieh_sc@msn.com, or see me at the meeting!"



Special Reliv Event! - December 7th

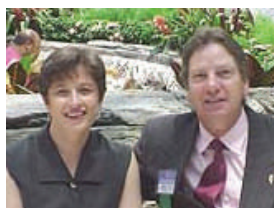
Special Reliv Event!

Friday—December 7th

7:30pm—9:00pm

Come hear Danny & Rene Britt from Austin Texas

Call Sheila Karsevar 843-650-3937 for details!



When Danny Britt of Austin, TX, first heard about Reliv in 1991, he almost passed up what would become the opportunity of a lifetime. He was working as a PGA Golf Professional, and, "I was so busy, I didn't have time for anything else," Danny remembers.

But his wife, Rene, was interested. Rene was dissatisfied with her job and thought Reliv might have something to offer. The couple attended a Tuesday night opportunity meeting and decided to give the products a try after hearing all the health and business stories. The next day, Rene decided to become a Distributor at the Master Affiliate level.

"We earned in excess of \$2,000 our first month in the business, and we never looked back," Danny says. "Rene became a full-time Reliv Distributor within 10 weeks, and I joined her full time after eight months."

Today, Danny and Rene are enjoying a lifestyle they never thought possible. "We know where Reliv is going and we want to take all of our friends along for the ride."

Recipes

Peanut Brittle

1 cup sugar
1 cup light corn syrup
1 tablespoon butter or margarine
1 1/2 cups unsalted roasted peanuts
1 teaspoon vanilla extract
1 tablespoon baking soda



Directions:

Combine sugar and corn syrup in a 3-qt. saucepan. Bring to a boil over medium-high heat. Do not stir. Boil mixture 16-18 minutes or until candy thermometer reaches 325°F (mixture will turn a golden color).

Carefully stir in butter and peanuts; return mixture to a boil. Stir in vanilla; remove from heat. Stir in baking soda (mixture will foam up dramatically); immediately pour peanut brittle onto one side of a pastry mat. Fold opposite side of mat over like a book to cover brittle. Working quickly, use a rolling pin to press brittle into a thin even layer (brittle will harden quickly).

Cool completely; remove from mat and break into pieces. Store brittle at room temperature in an airtight container.

Submitted by Angela Kegler McDowell